

# A F F I R M A T I O N S

I EASILY LET THINGS GO THAT NO LONGER SERVE ME.

I MAKE PROGRESS EVERY DAY TOWARD MY PRIORITIES AND GOALS.

I'M AS ORGANIZED AS I NEED TO BE.

I FEEL THE FREEDOM OF HAVING LESS JUNK AND CLUTTER AROUND ME.

AS I MAKE ROOM IN MY HOME, I OPEN MYSELF TO GOOD AND NEW OPPORTUNITIES.

I RELEASE THE THINGS THAT FEEL HEAVY.

MY ENVIRONMENT IS CLUTTER-FREE, AND I ONLY KEEP THE THINGS I NEED.

I CAN DO ANYTHING, BUT NOT EVERYTHING.

I AM LOVED, COMPLETE, AND VALUED.

I LET GO OF TOXIC FEELINGS, RELATIONSHIPS, AND EXTERNAL INFLUENCES.

I ENJOY AND AM CONTENT WITH THE THINGS I ALREADY OWN.

I PRIORITIZE MYSELF OVER STUFF.

WRITE YOUR FAVORITES, CUT THEM OUT, AND PLACE WHERE YOU SEE THEM EVERYDAY
